

LOVE NOTES

...for living a Badass + Brilliant life

Sometimes life can swallow us whole, and we can't find the woman we knew ourselves to be.

You can live your life with passion and purpose, if you start paying attention to your mojo again.

But you have to make space for it. You have to want it.



When we lose ourselves, the cost is huge. Our relationships, work, creativity, and happiness suffer. We slowly fade away.

Not to worry, I want to help you find your way back... **TO THE BRILLIANT BADASS YOU TRULY ARE.**

Here are 10 affirmations to help you get your mojo back and create a sexier life.

You can post them around your home.

You can take the ones you love most and tuck them into a book or journal to return to.

You can choose one that really pumps you up, and make it your daily mantra.

You can read them to yourself when you want to feel sexier and more alive.

I know you want to have an incredible partnership, raise thriving kids, make a difference in the world AND feel sexy, smart, and happy.

It takes practice, desire, and commitment to change our habits and beliefs.

SO, start here, with these affirmations to rediscover who you really are, and who you most want to be.

If they feel like just words, it's okay. **Say them anyway.** Practice. Engage with your own power and potential. It's like giving yourself a little love note every time you read one.

And, when you wake up floundering and cursing before your feet hit the floor, return to these again and again.

x o, Sage

Sage B. Hobbs
Be Badass + Brilliant™
www.sagebhobbs.com

I am
here to burn brightly
NOT HIDE
in the shadows

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I am way more
POWERFUL
than I think
I AM

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My body is
STRONG
AND Lovable

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I am a
BRILLIANT BADASS
WITH AMAZING GIFTS
TO OFFER THE WORLD!

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I am
COURAGEOUS
beyond
MEASURE

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I am
Sexy
Desirable
AND
Full of Passion

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When I am
Sexy, Fun & Happy,
My life Works
Beautifully!

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★ I have an ★
INNER ROCKSTAR
Who is super-excited
to be let out on **STAGE**

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My ideas & opinions
ARE WORTHY
of being
SHARED & HEARD

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I am enough.
I am enough.
I am enough.

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